

### **Presenters and moderators**

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### What we will speak to you about today



### What is the state of consumer behavior?

Insights into consumers needs, priorities, purchasing behavior



### How is the market developing?

What trends are going to pave the way for new opportunities, to differentiate in an already crowded space



### How can we approach the immune health space in the 'new normal'?

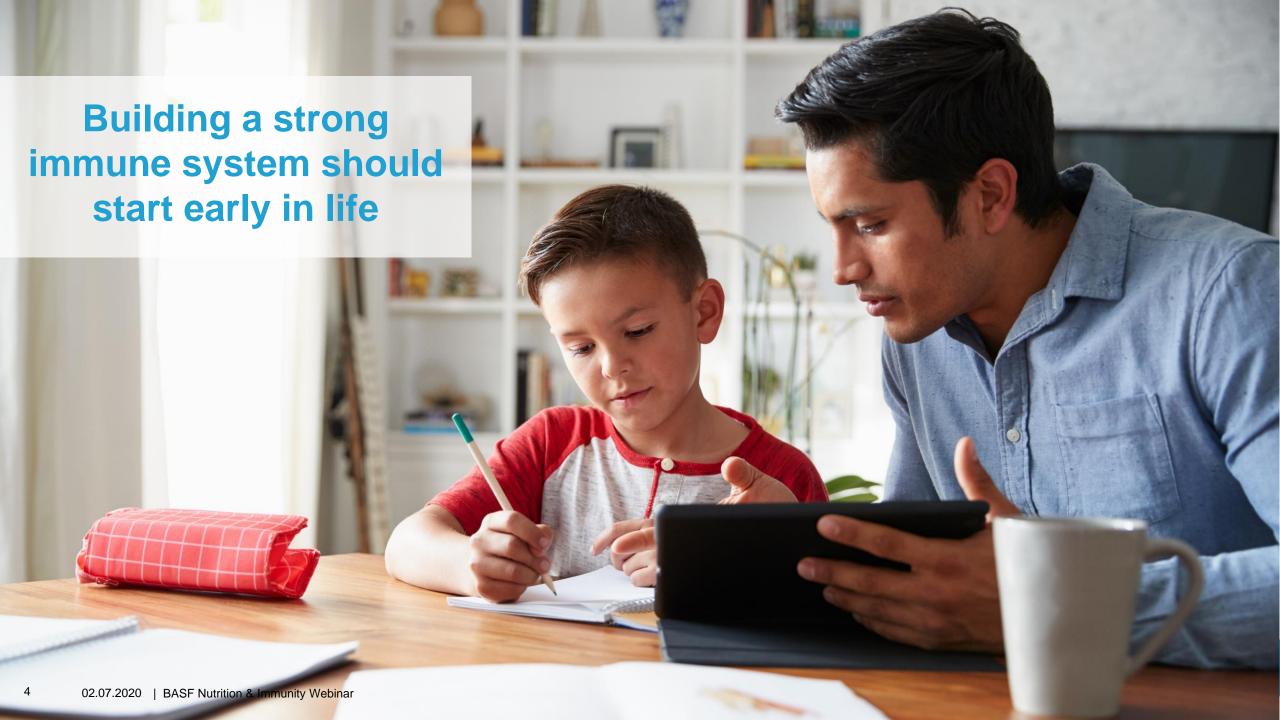
Formulating with ingredients founded in science to meet consumer needs
Trusted micronutrients and emerging ingredients



# What product solutions to meet the specific needs of target consumers?

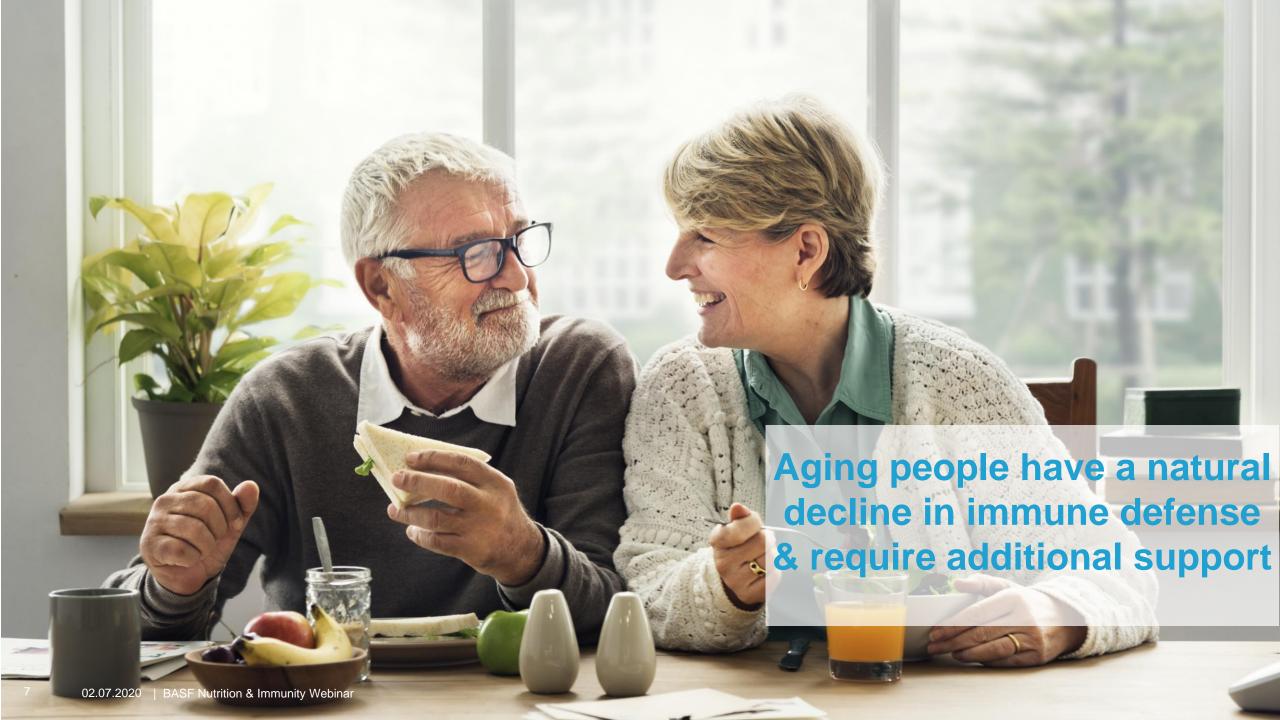
Some concepts to help inspire product innovation with the consumer in mind

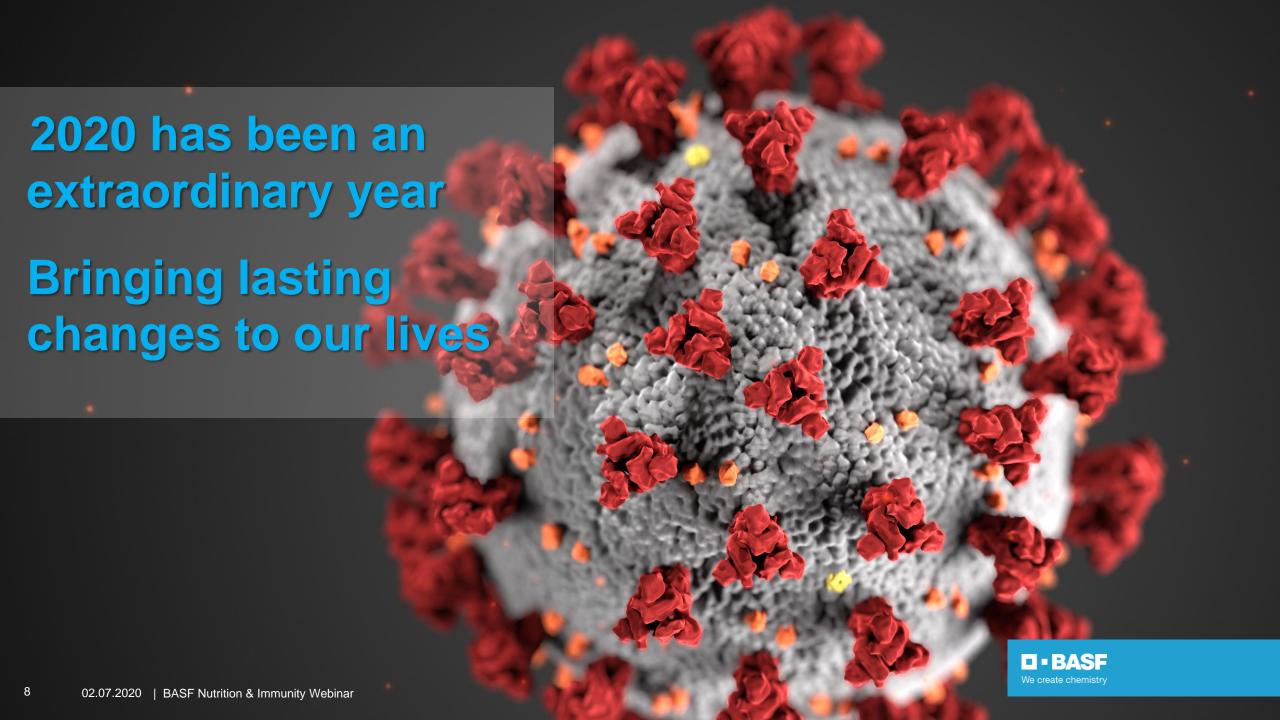












### Consumer behavior changes drastically with the pandemic...

- Eating healthy, doing exercise & the environment are of higher priority for consumers around the globe
- Consumers in most countries expect to spend more on healthcare products & in-home food items
- Immunity is a key health concern & sales of dietary supplements surges as consumers seek to proactively care for their immune health



# Opportunity 1: Trusted ingredients pave the way for emerging ingredient combinations

- Micronutrients form base of science backed immune health solutions
- Within the category of micronutrients and beyond Vitamin C, consider other ingredients which have authorized immunity claims globally, for example: Vitamins A, B<sub>12</sub>, B<sub>6</sub>, C, D, Zinc, Folate, Copper, Iron, Carotenoids
- Rising stars with no official health claims can benefit in combi with trusted ingredients e.g. prebiotics, probiotics, protein, fibres



# Opportunity 2: Functional foods & beverages plays a key role, on top of dietary supplements

- Dramatic increase in global searches for the word 'food' and 'immune system' in between Feb & March 2020
- Consumers are looking more to 'real food' to get their nutrients daily, in line with holistic health trend and consumers taking ownership of their health
- An opportunity pocket exists for immune health in functional nutrition



### **Opportunity 3: The interface between the gut and immune system**

- Consumers are becoming more and more aware of the importance and benefits of a healthy gut and the microbiome
- We see numerous new product launches with digestive and immunity messages on the market
- Prebiotics are on the rise to positively impact the microbiome and the immune system
- Mucous membranes and the gut microbiome play important roles
- Clear positionings can be made for consumers groups such as the elderly and athletes



### The immune system:

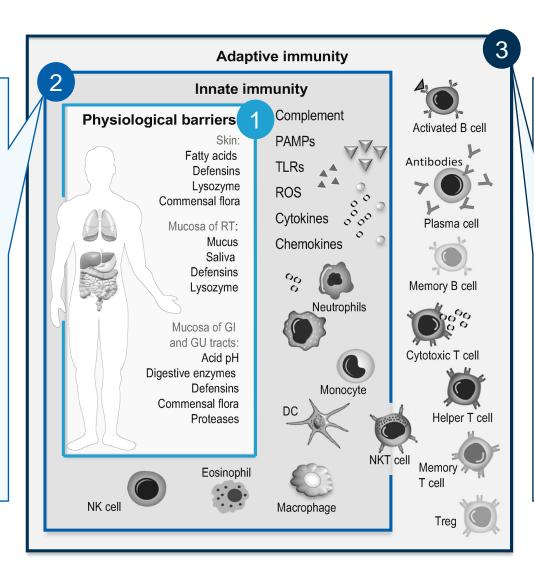
# What is immunocompetence? The role of nutrition



### The immune system functions along three main lines of defense

### 2 Innate immunity:

- Available at birth
- Reacts quickly in an unspecific manner
- Key defense during first-time exposure to pathogens
- Not adaptable, does not change during lifetime



Source: Muller L et al, 2019

### 3 Adaptive immunity:

- Builds up during lifetime
- Reacts quickly with pathogen-specific antibodies
- Antibodies produced after vaccination or first exposure to pathogens; available for lifetime or certain period
- Pathogens are bound by antibodies and destroyed by immune cells before symptoms of disease occur



### Health ingredients have specific functions & strengthen the immune system

Specific micronutrients work together to reduce the **risk**, **duration and severity** of infections.

#### Vitamin A











- Strengthens skin, eye, lung, and gut barriers inhibiting pathogen intrusion
- Precursor of retinoic acid, key regulator in the immune system
- · Improves effectiveness of vaccinations

#### **Vitamin D**









- Strengthens skin, eye, lung, and gut barriers inhibiting pathogen intrusion
- Increases anti-microbial defense proteins
- Inhibits pro-inflammatory cytokines & cytokine storm

#### **Carotenoids**







- Beta-carotene: same effects as vitamin A
- All carotenoids: antioxidant function, strengthening barriers & tissues

### 2'-Fucosyllactose

#### **PREBILAC®**

- Promotes growth of healthy bacteria in the gut
- Inhibits pathogens in the gut
- Modulates immune system in the gut & systemically

### Vitamin E



- Strengthens skin, eye, lung, and gut barriers inhibiting pathogen intrusion
- Anti-inflammatory function
- Stimulates immune cells, particularly in elderly people

### Vitamin B<sub>12</sub>











- · Strengthens skin, eye, lung, and gut barriers inhibiting pathogen intrusion
- Required for antibody production
- Modulates immune cells

#### DHA/EPA



- Anti-inflammatory function
- Stimulation of immune cells



Overall strengthened immune system. Lower risk of infections, allergies, autoimmune diseases, and chronic inflammation.



### Health claims on immunity are permitted for several micronutrients

#### **EU 28**

- Vitamin A contributes to the normal function of the immune system.
- Vitamin A contributes to the maintenance of normal mucous membranes
- Beta-carotene: vitamin A contributes to the normal function of the immune system
- Vitamin B<sub>12</sub> contributes to the normal function of the immune system
- Vitamin D contributes to the normal function of the immune system
- Vitamin D contributes to the normal function of the immune system in children
- Riboflavin contributes to the maintenance of normal mucous membranes
- Further health claims on antioxidant function for Vitamin E, Riboflavin, Lutein, Lycopene

#### South Africa

- Vitamin E is an antioxidant for the maintenance of good health OR a factor for the maintenance of good health
- Beta-carotene can be converted to vitamin A in the body OR Beta-carotene functions as a tissue antioxidant and so keeps cells healthy
- Vitamin E contributes to the protection of cells from oxidative stress OR a factor in the maintenance of good health

### Russia & CIS

- Vitamin A contributes to the normal function of the immune system
- Vitamin B<sub>12</sub> contributes to the normal function of the immune system
- Vitamin D contributes to the normal function of the immune system
- Vitamin B<sub>2</sub> contributes to the protection of cells from oxidative stress

### Turkey

- Vitamin A contributes to the normal function of the immune system
- Vitamin B<sub>12</sub> contributes to the normal function of the immune system
- Vitamin D contributes to the normal function of the immune system

Please note: country-specific NRV requirements to be met for claims to be made

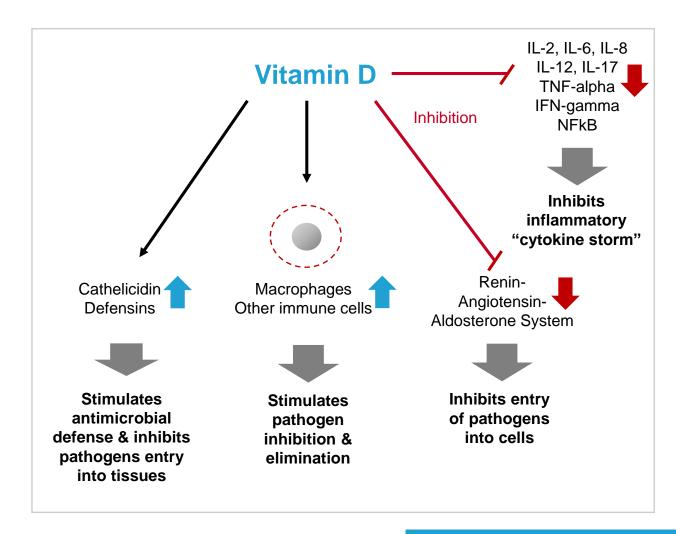




### Vitamin D directly modulates nearly all immune cells

- Vitamin D plays a strong regulatory role in the immune system (innate & adaptive immunity).
- Immune cells have Vitamin D receptor and CYP27B1 enzyme (converts Vitamin D to active hormone)
- Multiple effects shown for Vitamin D:
  - Supports production of antimicrobial peptides
  - Stimulates function of macrophages and other immune cells
  - Negative regulatory factor of the Renin-Angiotensin-Aldosterone-System (RAS)
  - Inhibits release of pro-inflammatory cytokines
  - Inhibits antigen-presenting cells increasing tolerance

Vitamin D impacts key functions required for defense against pathogens

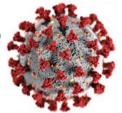




Aging Clinical and Experimental Research https://doi.org/10.1007/s40520-020-01570-8

#### SHORT COMMUNICATION

The role of vitamin D in the prevention of coronavirus disease 2019 infection and mortality





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#### Evidence that Vitamin D Supplementation Could Reduce Risk of Influenza and COVID-19 Infections and Deaths

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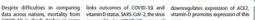
Abstract: The world is in the grip of the COVID-19 pandemic. Public health mea reduce the risk of infection and death in addition to quarantines are desperately need reviews the roles of vitamin D in reducing the risk of respiratory tract infections, known the epidemiology of influenza and COVID-19, and how vitamin D supplementati useful measure to reduce risk. Through several mechanisms, vitamin D can reduce ris Those mechanisms include inducing cathelicidins and defensins that can lower vi rates and reducing concentrations of pro-inflammatory cytokines that produce the that injures the lining of the lungs, leading to pneumonia, as well as increasing cor anti-inflammatory cytokines. Several observational studies and clinical trials reported supplementation reduced the risk of influenza, whereas others did not. Evidence supp of vitamin D in reducing risk of COVID-19 includes that the outbreak occurred in wint-25-hydroxyvitamin D (25(OH)D) concentrations are lowest; that the number of cases i Hemisphere near the end of summer are low; that vitamin D deficiency has been foun to acute respiratory distress syndrome; and that case-fatality rates increase with age ar disease comorbidity, both of which are associated with lower 25(OH)D concentration risk of infection, it is recommended that people at risk of influenza and/or COVID-19 c 10,000 IU/d of vitamin D3 for a few weeks to rapidly raise 25(OH)D concentration

New topic in 2020, ~80 publications in Pubmed

ent aim was to propose an hypothesis that there is a potential stries with cases and mortality caused by COVID-19. The mean y and mortality caused by COVID-19 were acquired. Negative mmol/L, STDEV 10.61) in each country and the number of tality/1 M (mean 5.96, STDEV 15.13) were observed. Vitamin n Spain, Italy and Switzerland. This is also the most vulnerable e advisable to perform dedicated studies about vitamin D levels

In Focus

#### Vitamin-D and COVID-19: do deficient risk a poorer outcome?



One mostly overlooked factor that

In a cross-sectional analysis across adamant that the recommendations May 20, 2000

Could influence outcome of COVID-19 Europe, COVID-19 mortality was from all public health bodies May 20, 2000

vitamin D deficiency. infectious disease; notably, upper that black people in England and Wales The London, Queen Mary University respiratory tract infections. However, are more than four times more likely of London, UK), lead author of the whether low vitamin D levels are a to die from COVID-19 than are white 2017 meta-analysis has joined with cause or consequence of disease has people. remained a point of heated debate. A role for vitamin D in the response to UK to launch COVIDENCE UK, a study Intervention trials have rarely shown COVID-19 infection could be twofold. to investigate how diet and lifestyle benefits of vitamin D supplementation First, vitamin D supports production of factors might influence transmission as treatments or preventive measures. antimicrobial peptides in the respiratory of SARS-CoV-2, severity of COVID-19

COVID-19 is clearly higher in some responsible for COVID-19, emerged gene countries than in others. Many factors and started its spread in the Northern could have a role in this disparity, hemisphere at the end of 2019 (winter). Dublin, University of Dublin, Ireland) lec including differences in proportion of when levels of 25-hydroxyvitamin D the cross-sectional study into mortality elderly people in a population, general are at their nadir. Also, nations in the and vitamin D status and is the lead health, accessibility and quality of northern hemisphere have borne much investigator of the Irish Longitudinal healthcare, and socioeconomic status. of the burden of cases and mortality. Study on Ageing (TILDA). She is is the relative vitamin D status of significantly associated with vitamin D should be for the population to populations. Because people are advised status in different populations. The low take vitamin D supplements during to stay at home as much as possible, mortality rates in Nordic countries are this pandemic. "The circumstantia e government health agencies of exceptions to the trend towards poorer evidence is very strong", she proclaims Great Britain have recommended that outcomes in more northerly latitudes, regarding the potential effect on people take vitamin D supplements but populations in these countries are COVID-19 outcomes. Adding, "we rough summer and autumn during relatively vitamin D sufficient owing don't have randomised controlled trial this pandemic. Vitamin D supplemento widespread fortification of foods. evidence, but how long do you want tation could be especially important for Italy and Spain are also exceptions, to wait in the context of such a crisis? older people as they are at high risk of but prevalence of vitamin D deficiency. We know vitamin D is important for poor outcome from COVID-19 and of in these populations is surprisingly musculoskeletal function, so people common. Additionally, black and should be taking it anyway". Kenny role in calcium and phosphate balance, likely to have vitamin D deficiency vitamin D supplements are given to affecting bone growth and turnover. because they have darker skin-seem to care home residents unless there is an Low vitamin D status is also associated be worse affected than white people by extremely good reason not to do so. with other non-communicable diseases COVID-19. For example, data from the and with increased susceptibility to UK Office for National Statistics shows Population Health Sciences. Barts and

However, one important exception epithelium, thus making infection symptoms, speed of recovery, and

Rose Anne Kenny (Trinity College

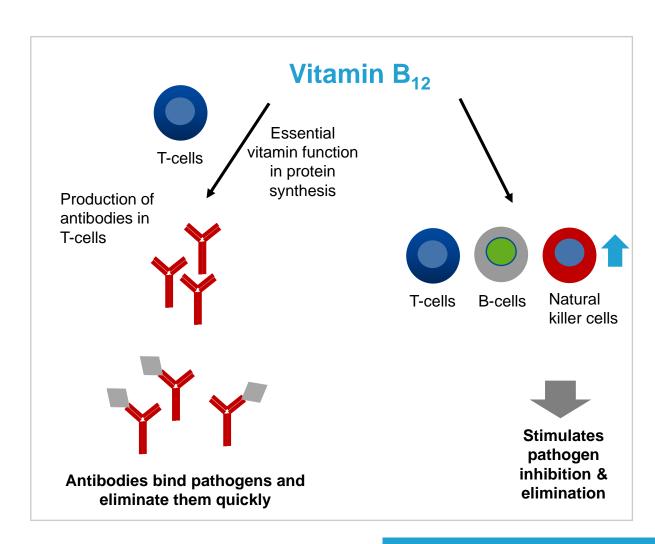


- Benefits of Vitamin D have been suggested based on known functionalities and observations.
- Controlled trials from the past showed Vitamin D inhibits acute respiratory infections.
- Testing positive for COVID-19 was associated with **likely being Vitamin D deficient** (Meltzer DO et al. 2020; D'Avolio A et al, 2020).
- Clinical studies with COVID-19 patients underway. the meantime. Vitamin supplementation has been suggested to strengthen immune system and lower the risk of severe disease outcomes.
- "Vitamin D treatment may decrease the risk of incidence of the COVID-19 infection (...), as well as decrease the mortality and severity of patients with COVID-19." (Aygun H, 2020)

### Vitamin B<sub>12</sub> is needed for production of immune cells & antibodies

- Vitamin B<sub>12</sub> is required for the production of immune cells including B-cells, T-cells and natural killer cells.
- It may act as an immunomodulator and enhance the number of cytotoxic T cells, which attack antigen-presenting cells.
- Furthermore, Vitamin B<sub>12</sub> is essential for the production of antibodies from amino acids (in concerted action with Vitamin B<sub>6</sub> and folic acid).

Vitamin B<sub>12</sub> plays a fundamental role in safeguarding production of immune cells and antibodies

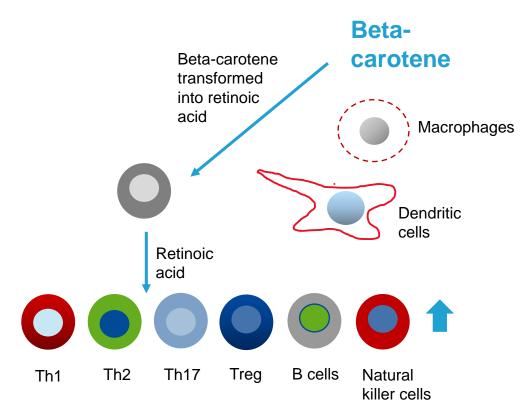




# Beta-carotene is a precursor of retinoids, which are key regulators in the immune system

- Beta-carotene is a precursor of retinoids
- Retinoids activate & modulate the innate as well as acquired immune functions
  - For example, retinoids regulate cytokine and antibody production, migration and maturation of B- and T-cells
- Moreover, as an antioxidant, beta-carotene like other carotenoids helps protect tissues and strengthens barrier function in skin, lungs, eyes, and the gut.

Beta-carotene supports barrier function and is precursor of key regulator in the immune system



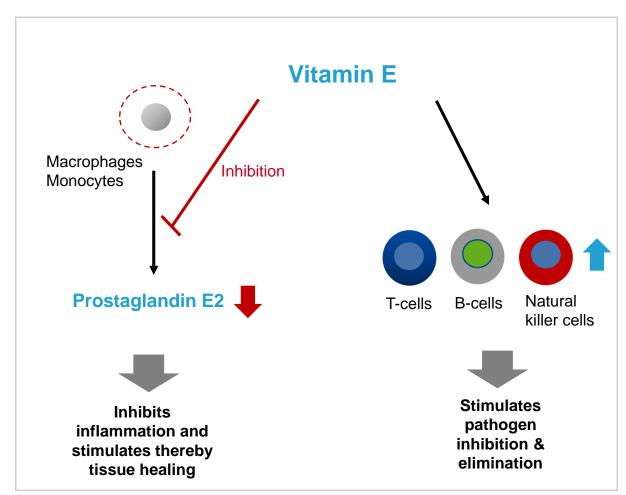
Beta-carotene improves production, stimulation and/or function of immune cells



## Vitamin E regulates immune functions via antioxidant and anti-inflammatory effects

- Vitamin E has an important impact on immune functions as it modulates both cellular & humoral immune responses.
- In immune cells, Vitamin E is strongly enriched. These cells have a high oxidative stress burden due to rapid metabolic turnover. Vitamin E as an antioxidant helps protect immune cells and impacts their production & function.
- Vitamin E inhibits production of pro-inflammatory prostaglandin E2 in macrophages/monocytes and thereby inhibits inflammatory processes.

Vitamin E helps maintain immune function by inhibiting inflammation & supporting immune cells

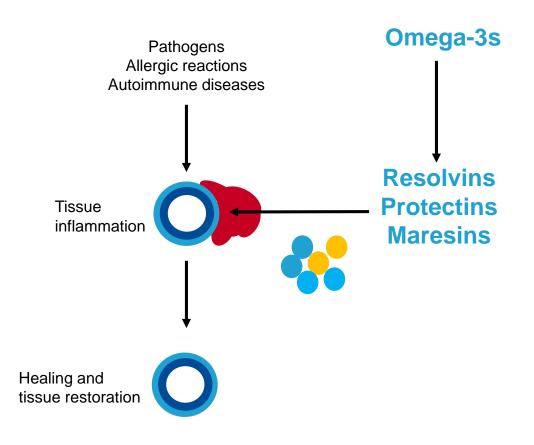




### Omega-3 fatty acids have major anti-inflammatory function and thereby support healing

- The omega-3 fatty acids EPA and DHA have anti**inflammatory** effects. At the site of inflammation, the two omega-3 fatty acids are metabolized into specialized pro-resolving mediators (SPMs) known as resolvins, protectins, and maresins.
- Thereby, resolution of inflammation occurs and **healing** of tissues is supported.
- Moreover, DHA is a structural fatty acids helping to stabilize membranes of immune cells.

Omega-3 fatty acids support immune cells and resolution of inflammation





### HMO: Prebiotic 2'-FL benefits immune system in the gut & beyond

INNOVATION OPPORTUNITY

### **Enteric immune system**

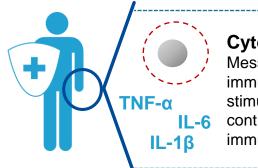
- 2`-fucosyllactose (2'-FL) is the most abundant oligosaccharide in women's breastmilk
- Important for child development, e.g. building a strong immune system
  - Stimulates growth of beneficial bacteria like bifidobacteria and fosters a healthy gut microbiome (prebiotic effect)
  - Anti-microbial effects inhibiting pathogen adhesion & colonization (bacteria, viruses)
  - Strengthens gut barrier as it supports maturation and helps maintain barrier function, helps restore damages

Beneficial effects observed also in adults

2'-FL is an important human milk oligosaccharide which supports the enteric immune system

### Systemic immune system

- 2'-FL likely has positive effects beyond gut health (as shown mostly in experimental studies so far)
  - Decrease in pro-inflammatory cytokines in blood
  - Lower risk of allergies
  - Improved vaccination response



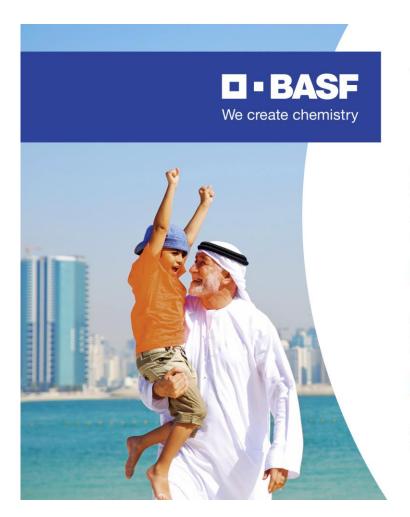
#### **Cytokines**

Messenger molecules of the immune system, which stimulate inflammation. Proper control is needed in a healthy immune response.

2'-FL is an important human milk oligosaccharide which supports the enteric immune system



# Learn more about the important role the gut and 2'-FL can play in supporting immune health



### Join us at our virtual exhibition "BASF GROWTH DAY 2.0"



**Date:** Monday July 13, 2020 **Time:** 11:00 – 15:00 GST

Human Nutrition will showcase relevant products and solutions to meet our customer and your consumer needs. In addition, you will have the opportunity to virtually connect with one of many other BASF segments. There will be excellent networking and information sharing opportunities via live chats and keynote presentations. Visit our booth and don't miss our webinars where you can directly interact with our experts!

#### 11:15 - 12:00 or 13:15 - 14:00 GST

#### Food Performance Ingredients: Clean label trend in bakery

**Speakers:** Kathrin Saur, Global Product Manager Food Performance Ingredients, Jochen Kutscher, Manager Application Labs Food Performance Ingredients and Anna Dennhoefer, Head of Product Management & Application Food Performance Ingredients, BASF

#### 12:15 - 13:00 or 14:15 - 15:00 GST

#### Health Ingredients: Exploring the interface between gut health and immunity

Speakers: Marianne Heer, Scientific Marketing Manager, and Mareike Kampmann, Global Marketing Dietary Supplements, BASF

For more information on the exhibition and registration please





### **Consumer Solutions**

Providing the right nutrients to the right people at the right time



### **Immunity Power Juice**

"I life in a big city and my life is rather stressful. I want to have a strong immune system"

#### What is the market need?

- Beverages for immune support
- Good taste with herbals, fruits & vegetables ("superfoods")

#### What is the consumer benefit?

- Provides (pro)vitamin A, E & C in a modern type of "ACE" beverage
- Beta-carotene is a precursor of retinoic acid, a key regulator in the immune system. Vitamin E and Vitamin C have antioxidant, tissue protective function and stimulate immune cells
- Fruits & vegetables are popular "superfoods"
- Herbals are traditionally used for immune support

### ... Better immune function when life is busy



### **Health ingredients**

Serving size: 1 glass/day

Dosage per glass

6 mg

**Vitamin A** 400 µg Vitamin E

**Vitamin C** 40 mg





### **Immunity Booster Effervescent Tablets**

"I want to be as healthy as I was when I was younger.

My immune system needs an extra boost."

#### What is the market need?

- Easy to consume supplements for elderly people, no big capsules
- Support of immune system as it naturally declines during aging

#### What is the consumer benefit?

- Provides high-dose beta-carotene, vitamin E and vitamin D<sub>3</sub>
- Beta-carotene is a precursor of retinoic acid, a key regulator in the immune system; important for barrier functions as first line of defense against pathogens, and for effectiveness of vaccinations
- Vitamin E has anti-inflammatory properties and stimulates immune cells
- Vitamin D<sub>3</sub> strengthens antimicrobial defence, stimulates immune cells and has anti-inflammatory properties

**Health ingredients** 

Serving size:

1 effervescent tablet/day

**Beta-carotene** 

**Vitamin E** 

Vitamin D<sub>3</sub>

Dosage per tablet

**20** mg

200 mg

15 µg

### ... Better immune function while aging



### **Daily Defense Antioxidant Capsules**

"I live in a crowded, polluted city and wonder how I can protect myself better."

#### What is the market need?

Easy to swallow capsules for daily immune support

#### What is the consumer benefit?

- Provides 24 mg of antioxidants per capsule including beta-carotene, lutein, lycopene and vitamin E
- Helps to evenly distribute fat-soluble antioxidants in body tissues
- Antioxidant combination helps replenish the body's antioxidant defence network and supports barrier immune function
- In addition, beta-carotene is a precursor of retinoids, which are key regulators in the immune system.

### ... Better protection against environmental stressors



### **Health ingredients**

Serving size: 1 capsule/day

	Dosage per capsule
Betatene® Beta-carotene	4 mg
Xangold <sup>®</sup> Lutein esters	4 mg
LycoVit <sup>®</sup> Lycopene	4 mg
/itamin E	12 mg



### Prebilac® 2'-FL plus Vitamin Immune Sachet

"I want to take a supplement that helps boost my gut immune system."

#### What is the market need?

- Supplements that can be mixed easily into beverages & foods
- Neutral taste or, alternatively, fruity taste (lemon, orange)

#### What is the consumer benefit?

- 2'-FL fosters a healthy gut by facilitating the growth of beneficial bacteria and supporting intestinal immune functions
- Vitamin D<sub>3</sub> strengthens antimicrobial defence, stimulates immune cells and has anti-inflammatory properties
- Vitamin B<sub>12</sub> supports production of antibodies and immune cells
- Vitamin B<sub>2</sub> contributes to the protection of cells from oxidative stress



### **Health ingredients**

Serving size: 1 sachet/day

5	•	
		Dosage per sachet
PREBILAC® 2'-FL		3 g
Vitamin D <sub>3</sub>		5 μg
Vitamin B <sub>12</sub>		2.5 µg
Vitamin B <sub>2</sub>		1.4 mg

### ... Better immune function in the gut



### "New Normal" Immunity Smoothie

"My life has changed. I work from home and have virtual meetings all day long.

Going out and meeting people is very limited."

#### What is the market need?

- Modern nutritional solutions for teenagers & young adults that address changes in lifestyle and the "New Normal"
- Healthy, fortified ready-to-drink beverages

#### What is the consumer benefit?

- 2'-FL fosters a healthy gut by facilitating the growth of beneficial bacteria and supporting intestinal immune functions
- Vitamin D strengthens the immune system in its antimicrobial defence, stimulates immune cells and has anti-inflammatory properties
- Lutein has anti-oxidant function and helps support eye health, e.g. during prolonged exposure to digital devices

### ... Better support of immunity and "new normal" lifestyle!



### **Health ingredients**

Serving size: 1 smoothie/day

PREBILAC® 2'-FL Vitamin D<sub>3</sub> Xangold® Lutein Dosage per 240 mL

200 mg 200 IU

2 mg



### We are close to our customers & close to their markets



- Combining expert know-how of health and performance ingredients with state of the art equipment
- Deep understanding of local needs, preferences and habits
- Access to local ingredients from diverse cultures and tastes

### **Solid applications**















### **Food Performance Systems**







# Let's stay connected! Stay healthy!

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### Connect with us:

Local account manager or Natalie-devi.glube-hooff@basf.com
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# 

We create chemistry